



48th Annual Aspen Conference on Pediatric Gastrointestinal Disease

Gastrointestinal Disease and Nutrition

July 13–17, 2026

Viceroy Snowmass • Snowmass Village, CO



Scan the QR code or visit
cincinnatichildrens.org/AspenGI



48th Annual Aspen Conference on Pediatric Gastrointestinal Disease: Gastrointestinal Disease and Nutrition

Snowmass Village, CO • July 13–17, 2026

On behalf of the Division of Pediatric Gastroenterology, Hepatology, and Nutrition at Cincinnati Children's, we are pleased to invite you to participate in the 48th Annual Aspen Conference on Pediatric Gastrointestinal Disease, to be held in Snowmass Village, Colorado, from July 13–17, 2026.

A Rich History

The Aspen Conference on Pediatric Gastrointestinal Disease was established by William Balistreri, MD, nearly five decades ago and has since grown into one of the most prestigious annual gatherings in the field. Each year, leading pediatric gastroenterologists, hepatologists, and specialists gather to explore cutting-edge research and innovations in pediatric GI care. The conference, hosted by Cincinnati Children's, is known for its intimate and collaborative atmosphere, allowing for rich discussions and interactions between faculty and attendees.

The Legacy Continues

Co-Directors, Dr. Stavra Xanthakos and Dr. Julie Bonn continue the momentum with dynamic topics and expert faculty. This collaborative environment features engaging Q&A sessions, case presentations, and interactive discussions. The intimate setting fosters meaningful interactions between attendees and faculty. The schedule includes morning lectures



and interactive sessions, emphasizing practical applications of the latest research. Don't miss this opportunity to stay at the forefront of your field!

This prestigious conference will explore several major themes during the week-long conference including:

- **Inflammatory Bowel Disease (IBD) Advances:** Innovations including point of care ultrasound, advances in pharmacotherapies and dietary approaches
- **Gastrointestinal Endoscopy Innovations:** Endoscopic clinical pearls, advances in therapeutic endoscopy, ergonomics
- **Pediatric Feeding Disorders:** Management of feeding and swallowing disorders, multidisciplinary strategies for optimizing enteral nutrition with feeding tubes

- **Dietary and Nutritional Strategies:** Dietary, lifestyle interventions for IBD, IBS, MASLD, obesity. Supplements, probiotics, emerging applications for incretin-based therapies
- **Management of Esophageal Disorders:** Esophageal dysmotility, congenital and acquired stricture management
- **Neurogastroenterology and Disorders of Gut Brain Interaction (DGBI):** Management of vomiting, chronic abdominal pain, bloating and defecation disorders
- **Behavioral Medicine Support and Strategies:** Motivational interviewing and behavioral medicine approaches to support children with chronic abdominal pain, picky eating, DGBI
- **Pediatric GI and Colorectal Surgery Advances:** Surgical advances for IBD and aerodigestive disorders
- **Pediatric Hepatology Updates:** The hottest updates in pediatric liver disease, cholestasis management, MASLD

"This is the best conference with the best speakers and so applicable to everyday practice."

Accommodations

Viceroy Snowmass: A limited number of discounted guest rooms have been reserved at the Viceroy Snowmass for this meeting. Room rates are **\$290/night plus tax and an additional \$33 resort fee**. Room reservations must be made by **June 19, 2026**. To reserve a room online, visit cincinnatichildrens.org/AspenGI and click "Hotel".

"Having A-list experts in the field present in such an intimate setting is very unusual. I love the practical topics and approach to topics while reviewing the research that underpins our decision making."

About Aspen/Snowmass

Airports:

- Aspen-Pitkin County Airport (ASE)—approximately 7 miles to Snowmass Village (*We recommend arrivals/departures in and out of Aspen prior to noon to minimize mountain wind-related delays*)
- Denver International Airport (DIA)—approximately 3.5 hour drive to Snowmass Village

Things to do:

- HIKING—hike.gosnowmass.com
- White Water Rafting—blazingadventures.com
- Snowmass Rodeo—snowmassrodeo.org
- Aspen Snowmass—aspensnowmass.com/discover/experiences/guides/your-first-visit/summer

48th Annual Aspen Conference on Pediatric Gastrointestinal Disease: Gastrointestinal Disease and Nutrition

Online registration for this conference is required.

Please visit cincinnatichildrens.org/AspenGI to register.

Due to the design of this course, space is limited. We encourage you to not confirm any travel plans until your registration is confirmed.

Select one:	On or before June 1, 2026	After June 1, 2026
Practicing Physicians	<input type="checkbox"/> \$705	<input type="checkbox"/> \$795
Physicians in training, nurses, other clinical personnel	<input type="checkbox"/> \$505	<input type="checkbox"/> \$595

Cancellation Policy

Early registration is recommended, as attendance is limited. Cancellations received on or **before June 15, 2026** are fully refundable. **After June 15, 2026**, a \$75 processing fee will be charged for cancellations.

Questions?

Contact the Cincinnati Children's Continuing Medical Education office at cme@cchmc.org.

Audience

The conference is designed for pediatric gastroenterologists, hepatologists, fellows and advanced practice providers, but content will also benefit pediatric surgeons, nurse coordinators, dietitians, and pediatricians with interest in pediatric gastroenterology and hepatology.

Accreditation

In support of improving patient care, Cincinnati Children's Hospital Medical Center is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



CME: Cincinnati Children's designates this live activity for a maximum of *20.75 AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CNE: This activity is approved for a maximum 20.75 continuing nursing education (CNE) contact hours.

ABP MOC Part 2: Successful completion of this CME activity, which includes participation in the activity and individual assessment of and feedback to the learner, enables the learner to earn up to 18 MOC points in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABP MOC credit.

Physician Associate: Cincinnati Children's has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 20.75 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Cincinnati Children's uploads MOC Part 2 points to the ABP quarterly, upon learners successfully completing the outlined MOC Part 2 requirements for an activity.

Exhibit & Sponsorship Opportunities

A number of exhibit and sponsorship opportunities for this course are available. Please contact Andrea Thrasher andrea.thrasher@cchmc.org for more information.



Conference Directors

Stavra Xanthakos, MD

Conference Co-Director
 Director, Steatohepatitis Center
 Division of Gastroenterology,
 Hepatology & Nutrition, Cincinnati Children's
 Professor of Pediatrics, University of
 Cincinnati College of Medicine

Julie Bonn, MD

Conference Co-Director
 Transplant Hepatologist, Liver Care Center
 Division of Gastroenterology, Hepatology &
 Nutrition, Cincinnati Children's
 Assistant Professor of Pediatrics, University of
 Cincinnati College of Medicine

Faculty

Carlo DiLorenzo, MD

Chief, Division of Pediatric Gastroenterology,
 Hepatology and Nutrition, Nationwide
 Children's
 Professor of Pediatrics, The Ohio State University
 College of Medicine

Sarah Edwards, DO

Associate Division Director, Division of Pediatric
 Gastroenterology, Hepatology and Nutrition
 Medical Director, Interdisciplinary Pediatric
 Feeding & Swallowing Program,
 Children's Mercy
 Professor of Pediatrics, University of Missouri-
 Kansas City School of Medicine

Leslie Fitzharris, RN, APRN, CNP

Pediatric Nurse Practitioner,
 Neurogastroenterology and Motility Disorder
 Center, Cincinnati Children's

Aaron Garrison, MD

Program Director, Pediatric Surgery Fellowship
 Surgical Director, Burnet Campus
 Division of Pediatric General and Thoracic
 Surgery, Cincinnati Children's
 Associate Professor, University of Cincinnati
 Department of Surgery

Jennifer Hellmann, MD

Schubert-Martin Inflammatory Bowel
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 Division of Gastroenterology, Hepatology &
 Nutrition, Cincinnati Children's
 Associate Professor of Pediatrics, University of
 Cincinnati College of Medicine

Wendi Lopez, PsyD

Staff Psychologist IV
 Clinical Director: Inpatient Consultation/Liaison
 Service
 Division of Behavioral Medicine and Clinical
 Psychology, Cincinnati Children's

Michael Wilsey, MD

Director of Interventional Endoscopy
 Vice Chief, Division of Pediatric
 Gastroenterology
 Associate Professor of Clinical Pediatrics,
 Johns Hopkins University School of Medicine
 Johns Hopkins All Children's Hospital

Have an interesting or challenging case?

Submit your case for our Clinical
 Challenges! Instructions found at
cincinnatichildrens.org/AspenGI

Sunday, July 12, 2026

3:30–5:30 pm Registration and Refreshments

Monday, July 13, 2026

7–8 am Breakfast and Registration

8–8:15 am Welcome and Introductions
Moderators – Stavra Xanthakos, MD and Julie Bonn, MD

8:15–8:35 am What's Hot Today?

8:35–8:45 am Discussion

8:45–9:05 am What's New in Vomiting Disorders?
Carlo Di Lorenzo, MD

9:05–9:20 am Discussion

9:20–9:40 am Controversies in Fundoplication
Aaron Garrison, MD

9:40–9:55 am Discussion

9:55–10:05 am Clinical Challenge

10:05–10:25 am Faculty/Participant Discussion/Refreshments

10:25–10:45 am Updates in ERCP and EUS: What Every Pediatric Gastroenterologist Should Know
Michael Wilsey, MD

10:45–11 am Discussion

11–11:20 am Avoidant/Restrictive Food Intake Disorder (ARFID) vs. Pediatric Feeding Disorders: Overlap, Differences and Treatment Strategies
Sarah Edwards, DO

11:20–11:35 am Discussion

11:35–11:55 am On the Right Path: Inpatient Disorder of Gut Brain Interaction (DGBI) Pathway Approach
Wendi Lopez, PsyD

11:55 am–12:10 pm Discussion

12:10–12:40 pm Case Discussion

Tuesday, July 14, 2026

7:15–7:45 am	Breakfast and Roundtable Discussion
7:45–8:05 am	What's Hot in Hepatology Today?
8:05–8:15 am	Discussion
8:15–8:35 am	Positioning Biologics in Medically Refractory Pediatric IBD <i>Jennifer Hellmann, MD</i>
8:35–8:50 am	Discussion
8:50–9:10 am	IBD Complex Surgical Cases <i>Aaron Garrison, MD</i>
9:10–9:25 am	Discussion
9:25–9:45 am	Novel Imaging Approaches in IBD <i>Jennifer Hellmann, MD</i>
9:45–10:00 am	Discussion
10:00–10:10 am	Faculty/Participant Networking/Refreshments
10:10–10:20 am	Clinical Challenge
10:20–10:40 am	What's New in DGBI: The Brain <i>Carlo Di Lorenzo, MD</i>
10:40–10:55 am	Discussion
10:55–11:15 am	Hitting Reset: Establishing Reset Protocols for GI Symptom Flares <i>Wendi Lopez, PsyD</i>
11:15–11:30 am	Discussion
11:30–11:50 am	Multidisciplinary Care for Pediatric Feeding Disorder: Tips for Building a Team in Academic and Private Practice Settings <i>Sarah Edwards, DO</i>
11:50 am – 12:05 pm	Discussion
12:05–12:40 pm	Case Discussion

Wednesday, July 15, 2026

7:15–7:45 am	Breakfast and Roundtable Discussion
7:45–8:05 am	What's Hot Today?
8:05–8:15 am	Discussion
8:15–8:35 am	Management of Caustic Ingestions & Esophageal Perforations <i>Aaron Garrison, MD</i>
8:35–8:50 am	Discussion
8:50–9:10 am	Esophageal Stricture Management: Modern Approaches and Practical Pearls <i>Michael Wilsey, MD</i>
9:10–9:25 am	Discussion
9:25–9:45 am	Feeding Tube Weaning: Strategies Across Settings <i>Sarah Edwards, DO</i>
9:45–10:00 am	Discussion
10:00–10:10 am	Faculty/Participant Discussion/Refreshment
10:10–10:20 am	Clinical Challenge
10:20–10:40 am	What's New in DGBI: The Gut <i>Carlo Di Lorenzo, MD</i>
10:40–10:55 am	Discussion
10:55–11:15 am	Small Steps, Big Impact: Effective Lifestyle Strategies for Children with MASLD <i>Stavra Xanthakos, MD</i>
11:15–11:30 am	Discussion
11:30–11:50 am	Introduction to Motivational Interviewing for GI Providers <i>Wendi Lopez, PsyD</i>

11:50 am–12:05 pm	Discussion
12:05–12:40 pm	Case Discussion

Thursday, July 16, 2026

7:15–7:45 am	Breakfast and Roundtable Discussion
7:45–8:05 am	What's Hot Today?
8:05–8:15 am	Discussion
8:15–8:35 am	The Diagnosis and Management of IBD in Children with Developmental Disorders <i>Jennifer Hellmann, MD</i>
8:35–8:50 am	Discussion
8:50–9:10 am	Feeding Difficulties in Pediatric Patients with Autism: Evaluation and Treatment <i>Sarah Edwards, DO</i>
9:10–9:25 am	Discussion
9:25–9:45 am	What's New in Defecation Disorders? <i>Carlo Di Lorenzo, MD</i>
9:45–10:00 am	Discussion
10:00–10:10 am	Faculty/Participant Discussion/Refreshments
10:10–10:20 am	Clinical Challenge
10:20–10:40 am	Incorporating Advanced Practice Providers into Pediatric GI: Enhancing Access and Outcomes <i>Leslie Fitzharris, RN, APRN, CNP</i>
10:40–10:55 am	Discussion
10:55–11:15 am	Protein Losing Enteropathy: Evaluation and Management <i>Julie Bonn, MD</i>
11:15–11:30 am	Discussion
11:30–11:50 am	Endoscopic Clinical Pearls: High Impact Tips for Daily Practice <i>Michael Wilsey, MD</i>
11:50 am – 12:05 pm	Discussion
12:05–12:40 pm	Case Discussion

Friday, July 17, 2026

7:15–7:45 am	Breakfast and Roundtable Discussion
7:45–8:05 am	Ergonomics of Endoscopy: Protecting the Endoscopist, Improving Performance <i>Michael Wilsey, MD</i>
8:05–8:20 am	Discussion
8:20–8:40 am	Gut Feelings: Psychological Pain and Nausea Management <i>Wendi Lopez, PsyD</i>
8:40–8:55 am	Discussion
8:55–9:15 am	Overview of Percutaneous Electrical Nerve Field Stimulator (PENFS) Program: Application and Outcomes <i>Leslie Fitzharris, RN, APRN, CNP</i>
9:15–9:30 am	Discussion
9:30–9:50 am	IBD Genetics and Prevention: Is it Possible? <i>Jennifer Hellmann, MD</i>
9:50–10:05 am	Discussion
10:05–10:25 am	Summation <i>Stavra Xanthakos, MD and Julie Bonn, MD</i>